



HEALTH PROGRAM

Benefits



WTIA in partnership with UnitedHealthcare (UHC), Navia Benefit Solutions, and Cleo offer the following programs to members and dependents enrolled on a UHC medical plan.

For more information click on the link that will take you to the appropriate flyer for the program.

UHC Rewards Program: Members can complete different activities of their choosing like get biometric screenings, track 14 nights of sleep, walk 5,000 steps, be active 15 minutes a day or more, ect. and earn up to \$300 annually or an Apple watch. Members can get started by downloading the UHC app or going to myuhc.com and registering.

UHC Vital Medication Program: members automatically get \$0 cost for certain medications on all WTIA health plans. This includes insulin, epinephrine, glucagon, albuterol, and naloxone. Members can visit myuhc.com/rx to learn more and see if their brand qualifies.

\$0 Cost Virtual Visits: members enrolled on the health plan have access to 24/7 virtual visits through myuhc.com or the UHC mobile app where providers can treat and diagnose common conditions like flu, sinus infections, UTI, and allergies all free of charge to members.

Real Appeal Program: Real Appeal on Rally Coach is a proven weight management program designed to help members get healthier and stay healthier. This program is available to members and enrolled family members as part of the health plan. Members can learn more and enroll at enroll.realappeal.com.

UHC Employee Assistance Program (EAP): the EAP program is embedded in all WTIA medical plans and available to all employees and dependents enrolled on the health plan. It offers personalized support, resources and no-cost referrals for members and managers. EAP has 24/7 access and can help with managing stress, anxiety, relationships, legal/financial concerns, and much more. Members and managers can call 1-888-887-4114 or visit myuhc.com for more information.

Cleo: It takes a village. Consider Cleo yours. Meet your no-cost, all-inclusive family support system. Cleo provides personalized guidance for every family, for every moment, for every question. Connecting the dots through trusted one-on-one support and expert-backed content, Cleo is helping families across the globe balance parenting, health, and work by meeting families exactly where they are in their journey, all through our easy-to-access intuitive mobile app.

Navia Benefit Solutions (Navia) HSA/FSA: With a single-solution debit card and over 20 years of experience in tax-advantaged account administration, it was only natural to develop an efficient HSA/FSA solution for our public and private sector clients. The WealthCare platform includes an investment option for accountholders who reach a balance threshold of \$1,000. HSA/FSA services are available to all employees enrolled in any WTIA UnitedHealthcare medical product at no additional cost when employers include this additional benefit.