



# Health plans with built-in benefits

With health plans designed to provide affordable care that's easier to access, UnitedHealthcare is here for WTIA businesses and their employees. And to further help support employees on their health journeys, these plans include all kinds of health and wellness benefits they can look forward to. Here's a quick look.



## Vital Medication Program

Designed to help make prescription drugs more affordable, the Vital Medication Program eliminates out-of-pocket costs for certain preferred medications that are critical to maintaining health.<sup>1</sup>

Medications include:

- Insulin
- Epinephrine
- Glucagon
- Naloxone
- Albuterol



## EAP

The Employee Assistance Program (EAP) connects employees to personalized, confidential support.

Beginning in 2024, EAP helps employees access:

- A network of more than 200,000 in-person and virtual providers
- No additional cost, 24/7 support resources and referrals



## 24/7 Virtual Visits

For care that's available virtually anywhere, there's 24/7 Virtual Visits.

Here's how they work:

- Employees use their phones or video to connect to a provider<sup>2</sup>
- Providers diagnose and treat a wide range of nonemergency health conditions—and prescribe medication, if needed<sup>3</sup>
- Employees usually pay \$0 for their visit, based on services provided<sup>4</sup>



## Real Appeal

Real Appeal<sup>®</sup> is an online weight loss management program designed to inspire healthier behaviors—and it's included in plans at no additional cost.

Real Appeal includes:

- Online, coach-led group sessions
- Personalized online progress-tracking tools
- A Success Kit with kitchen tools and guides



## UHC Rewards

With UnitedHealthcare Rewards, employees may earn up to \$300 by reaching program goals and completing reward activities.

Employees can:

- Activate UHC Rewards on the UnitedHealthcare<sup>®</sup> app or [myuhc.com](https://myuhc.com)<sup>®</sup>
- Select the activities that are right for them
- Redeem their earnings as a digital Visa<sup>®</sup> gift card



Employees can visit [myuhc.com](https://myuhc.com), their personalized member website, to learn more and sign up for these programs and services. Or call the WTIA dedicated toll-free number: **844-287-3116**

Contact your UnitedHealthcare representative for more information



<sup>1</sup> Available to eligible members. Check coverage details at myuhc.com/rx.

<sup>2</sup> Data rates may apply.

<sup>3</sup> Certain prescriptions may not be available, and other restrictions may apply.

<sup>4</sup> The Designated 24/7 Virtual Visit Provider's reduced rate for a 24/7 Virtual Visit is subject to change.

24/7 Virtual Visits is a service available with a Designated Virtual Network Provider via video, or audio-only where permitted under state law. Unless otherwise required, benefits are available only when services are delivered through a Designated Virtual Network Provider. 24/7 Virtual Visits are not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times, or in all locations, or for all members. Check your benefit plan to determine if these services are available.

Real Appeal is a voluntary weight loss management program that is offered to eligible members at no additional cost as part of their benefit plan. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical and/or nutritional advice. Participants should consult an appropriate health care professional to determine what may be right for them. Results, if any, may vary. Any items/tools that are provided may be taxable and participants should consult an appropriate tax professional to determine any tax obligations they may have from receiving items/tools under the program.

UnitedHealthcare Rewards is a voluntary program. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. You should consult an appropriate health care professional before beginning any exercise program and/or to determine what may be right for you. Receiving an activity tracker, certain credits and/or rewards and/or purchasing an activity tracker with earnings may have tax implications. You should consult with an appropriate tax professional to determine if you have any tax obligations under this program, as applicable. If any fraudulent activity is detected (e.g., misrepresented physical activity), you may be suspended and/or terminated from the program. If you are unable to meet a standard related to health factor to receive a reward under this program, you might qualify for an opportunity to receive the reward by different means. You may call us toll-free at 1-866-230-2505 or at the number on your health plan ID card, and we will collaborate with you (and, if necessary, your doctor) to find another way for you to earn the same reward. Rewards may be limited due to incentive limits under applicable law. Components subject to change. This program is not available for fully insured members in Hawaii, Vermont, and Puerto Rico nor available to level funded members in District of Columbia, Hawaii, Vermont, and Puerto Rico.

The UnitedHealthcare® app is available for download for iPhone® or Android®. iPhone is a registered trademark of Apple, Inc. Android is a registered trademark of Google LLC.

The material provided through the Employee Assistance Program (EAP) is for informational purposes only. EAP staff cannot diagnose problems or suggest treatment. EAP is not a substitute for your doctor's care. Employees are encouraged to discuss with their doctor how the information provided may be right for them. Your health information is kept confidential in accordance with the law. EAP is not an insurance program and may be discontinued at any time. Due to the potential for a conflict of interest, legal consultation will not be provided on issues that may involve legal action against UnitedHealthcare or its affiliates, or any entity through which the caller is receiving these services directly or indirectly (e.g., employer or health plan). This program and its components may not be available in all states or for all group sizes and is subject to change. Coverage exclusions and limitations may apply.

If you are not currently enrolled with UnitedHealthcare pharmacy benefit coverage, you may access your health plan's member website for additional information during your open enrollment period or you may contact your employer or health plan for additional information. Medications are categorized by common therapeutic conditions in this reference guide for ease of reference only. These categories do not determine coverage for the medication for your condition. Your benefit plan determines how these medications may be covered for you.

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